

Posters and Brochures


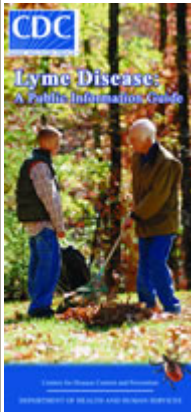



<http://www.maine.gov/dhhs/boh/ddc/epi/vector-borne/posters/index.shtml>

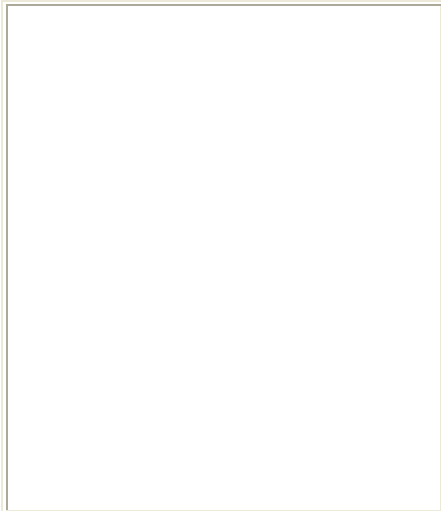
Infectious Disease Epidemiology Program

Vector-borne Posters & Brochures

Below you'll find pictures of the posters available for printing. These are available in Word and pdf formats and print out 8 1/2 x 11.

Hard copies of posters and brochures may also be requested using our [request form](#).

<p>Know Your Ticks Wallet Card</p>  <p>PDF</p>	<p>Lyme Disease: A Public Information Guide Brochure</p>  <p>PDF</p>	<p>Mosquito, Disease, and YOU poster</p>  <p>PDF</p>
<p>Eastern Equine Encephalitis (EEE) brochure</p>  <p>PDF</p>	<p>OSHA Quick Card</p>	<p>Go Ahead Fight the Bite Magnet</p> 

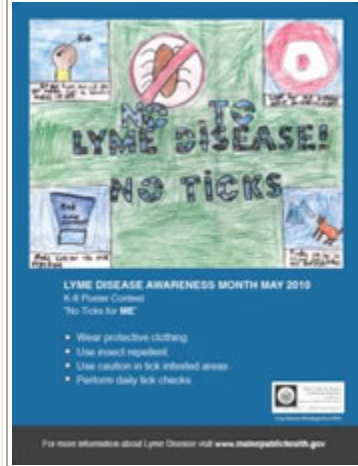


[PDF](#)



[PDF](#)

Lyme Disease Awareness Month



[PDF \(34 MB\)](#)

Don't Forget to Check for Tick!!



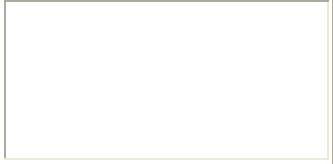
[PDF](#)

West Nile Virus is a Risk You Can Do something About



Protect Yourself From Tick-borne Diseases

Lyme Poster Contest 2011 (May 2011 Lyme Disease Awareness Month)



protect yourself from tick-borne diseases

• Know the risks of tick-borne diseases in your area
 • Know the signs and symptoms of tick-borne diseases
 • Know the best ways to prevent tick bites
 • Know the best ways to check for ticks
 • Know the best ways to treat tick bites
 • Know the best ways to prevent tick-borne diseases

Know the risks of tick-borne diseases in your area
 Tick-borne diseases are most common in the Northeast, Midwest, and South. However, they can be found in many other parts of the United States. Know the risks of tick-borne diseases in your area by visiting www.cdc.gov/ticks.

Know the signs and symptoms of tick-borne diseases
 Tick-borne diseases can cause a variety of symptoms, including fever, fatigue, muscle aches, and joint pain. Some tick-borne diseases can also cause a characteristic rash. Know the signs and symptoms of tick-borne diseases by visiting www.cdc.gov/ticks.

Know the best ways to prevent tick bites
 The best way to prevent tick bites is to avoid areas where ticks are most likely to be found. If you must go to a tick-infested area, wear protective clothing and use insect repellent. Know the best ways to prevent tick bites by visiting www.cdc.gov/ticks.


Know the best ways to check for ticks
 Check for ticks on your body and clothing after spending time in a tick-infested area. Know the best ways to check for ticks by visiting www.cdc.gov/ticks.

Know the best ways to treat tick bites
 If you are bitten by a tick, remove the tick as soon as possible. Know the best ways to treat tick bites by visiting www.cdc.gov/ticks.

Know the best ways to prevent tick-borne diseases
 The best way to prevent tick-borne diseases is to avoid areas where ticks are most likely to be found. If you must go to a tick-infested area, wear protective clothing and use insect repellent. Know the best ways to prevent tick-borne diseases by visiting www.cdc.gov/ticks.

For more information, visit www.cdc.gov/ticks or call 1-800-458-5231.

MAY: Lyme Disease Awareness Month



Use insect repellents to keep Ticks away

© The Tick & Lyme® 2012. All Rights Reserved.

**Wear Protective Clothing
 Use Insect Repellents
 Use Caution in Tick Infested Areas
 Perform Daily Tick Checks**

www.cdc.gov/ticks

[PDF \(1.87MB\)](#)